

High Adventure Activity Guidelines and Approval Process FAQ

Girl Scouts of Hawai'i defines High Adventure as any activity which requires special training and/or safety equipment for girls and adults.



With proper assistance and a can-do attitude, many Girl Scout troops and groups are bidding farewell to their comfort zones and embarking on amazing challenges. Getting out of their comfort zone is one way to gain courage, strengthen team-building, and achieve many of the [Girl Scout Leadership Experience Outcomes](#).

In Girl Scouting, giving girls opportunities to express leadership through a variety of activities and experiences is an integral part of the Girl Scout Leadership Experience. Girl Scouts of Hawai'i wants to ensure that all activities, with an emphasis on those that are viewed as higher risk activities, are properly reviewed for best safety practices. This includes instructor knowledge, training, and certifications; company/vendor/location safety and certifications; and safety awareness among girls and volunteers.

The following activities NOT allowed per GSUSA/GSH:

- Uncontrolled free-falling activities
- Bungee jumping, parachuting, hang gliding, and outdoor trampolines (GSUSA policy)
- Extreme variations of approved activities
- High altitude climbing, paint ball tagging, aerial tricks on bicycles or skis, etc.
- Hunting or shooting a projectile at another person
- Riding all-terrain vehicles, motorbikes, or electric scooters
- Outdoor skydiving
- Privately owned airplanes
- Untethered hot air balloons
- Parasailing
- Zorbing

As the definition above states, Girl Scout activities which require special training and/or safety equipment, for girls and adults, must be approved by GSH staff. In order for the girls to have a positive High Adventure experience this process must be followed. If you have any questions or concerns regarding High Adventure Activities, Safety Activity Checkpoints please email to Customer Care at customercare@gshawaii.org

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Examples of High Adventure Activities that are allowed with approved applications:*



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- Archery
- Backpacking
- Bicycling with Rentals
- Boating
- Canoeing
- Caving
- Challenging Courses
- Fishing with Vendor
- Go Carts
- Horseback Riding
- Ice Skating
- Kayaking
- Knife Throwing, Tomahawk Throwing
- Rappelling
- Rock Climbing
- Roller Skating
- Sailing
- Scuba Diving
- Segway
- Skiing
- Sledding
- Snowboarding
- Snowshoeing
- Snow Tubing
- Surfing
- Water Skiing
- White River Rafting
- Zip-lining
- Other (please specify):
- Other High Adventure Activity: _____

**Other activities apply, check with council.*

ACTIVITY APPROVAL PROCESS

The High Adventure Activity Application must be completed and submitted to GSH Headquarters at least 4 weeks prior to when the activity is to take place for GSH approved company. All Safety Activity Checkpoints must be strictly followed. The registered volunteer signing the High Adventure Application agrees to and is responsible for complying with all Girl Scout safety regulations and requirements as well as all safety regulations or requirements of the vendor. If the company/vendor/location is not on the current GSH Approved List, please turn in application no less than 8 weeks prior to activity to allow sufficient time for GSH to work with the new facility and collect necessary documents.

IMPORTANT INFORMATION

Should an activity not be approved by the GSH Girl Experience Department and the activity is done anyway please be aware that Girl Scout insurance will not cover the activity or participants; if a lawsuit is filed the adults who participated in the activity are opening themselves to a personal lawsuit and GSH may take disciplinary action, including dismissal of the involved volunteers.

GSH High Adventure Approved Company List

High Adventure Activity Application must still be completed if company is on GSH's approved list.

Please submit a [High Adventure Activity Application](#) with supporting documents.