



girl scouts  
of hawai'i

Juliette (IRM/  
IRG) Guide



# Welcome to Girl Scouts!

## The Girl Scout Mission

Girl Scouting builds girls of courage, confidence and character, who make the world a better place.

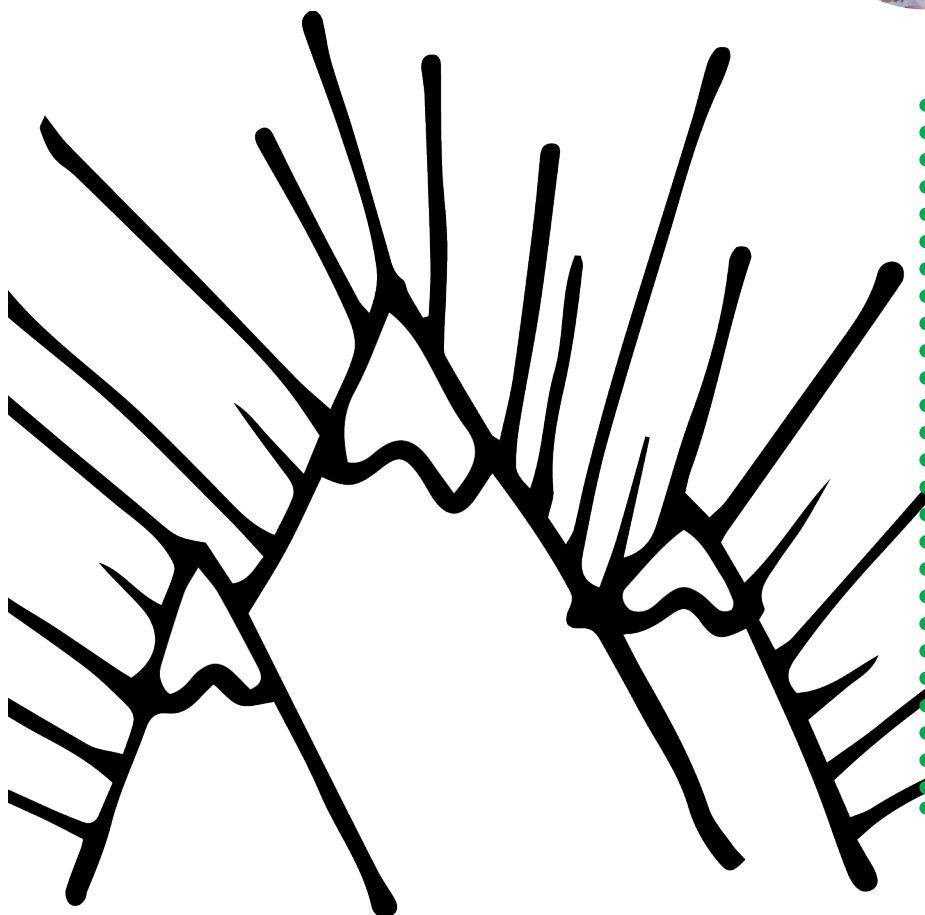
## The Girl Scout Promise

On my honor, I will try:  
To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law.



## The Girl Scout Law

I will do my best to be honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, and to respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.



# About Girl Scouts

For over 100 years, Girl Scouts has given girls the tools to lead, break barriers, and create positive change. They dream big and do bigger. There's never been a better time to be a Girl Scout Juliette and share the experience with friends and family.

We're 2.6 million strong-1.8 million girls and 800,000 adults who believe in the power building the next generation of youth.

Our extraordinary journey began more than 100 years ago with the our founder, Juliette Gordon "Daisy" Low. On March 12, 1912, in Savannah, Georgia, she organized the very first Girl Scout troop, and every year since, we've honored her vision and legacy, building girls of courage, confidence and character, who make the world a better place.

We're the preeminent leadership development organization for girls. And with programs from coast to coast and across the globe, Girl Scouts offers every girl a chance to practice a lifetime of leadership, adventure and success.

## Three Keys to Leadership

We are a girl lead, all girl organization focused on three core "keys" to leadership: Discover, Connect and Take Action



### DISCOVER

Develop a strong sense of self, positive values, practical life skills, critical thinking and seek challenges in the world.

### CONNECT

Develop healthy relationships, promote cooperation and team building, resolve conflicts, advance diversity in a multicultural world and feel connected to your community.

### TAKE ACTION

Identify community needs, be a resourceful problem solver for yourself and others, locally and globally, educate and inspire others to act and feel empowered to make a difference in the world.

DISCOVER +  
CONNECT +  
TAKE ACTION =  
LEADERSHIP



# What is a Juliette Girl Scout?

As a Juliette (IRM/IRG) Girl Scouting is custom-made for you! It's a great way to mix and match your unique interests with Girl Scout participation- special events, weekend workshops, leadership projects or travel opportunities that improve your skills and meet your interests and needs.

Juliettes are busy, independent, self-confident girls and young women who want to be a part of something larger - Girl Scouts! Meeting in troops is one way to be a part of the Girl Scout experience, but when there aren't available troops in your area, your troop no longer meets or you become too busy with extracurricular activities or sports, becoming a Juliette will allow you to continue your Girl Scout experience on an individual basis.

As a Girl Scout Juliette, you can participate in everything that is open to your grade level. You can attend council-sponsored programs such as events, series opportunities, year-round camp experiences and travel opportunities.

You will work on Girl Scout programs with a registered adult mentor. You will decide what activities to participate in and which awards you wish to complete. Girl Scout Juliettes can earn the Journey awards and badges, as well as the Girl Scout Bronze, Silver and Gold Awards.

## How do I register as a member?

Girls and mentors can register online at [www.gshawaii.org/join](http://www.gshawaii.org/join)

Our Customer Care team can is here to help you over the phone. For assistance completing your Girl Scout membership,

Call 808.595.8400  
or email us at: [customercare@gshawaii.org](mailto:customercare@gshawaii.org)

## What is the cost?

Girl memberships are \$40 and adult memberships are \$25 annually.





# Girl Scout Leadership Experience



The National Leadership Journeys and Girl Scout Badges are two combined components that make up the Girl Scout Leadership Experience. Combined with the cookie program, travel experiences and Girl Scout awards, the Girl Scout Leadership Experience is designed to help girls everywhere develop as leaders and build confidence by learning new skills. It also ensures that Girl Scouts at every level are sharing a powerful, national experience-girls together changing the world!

You can explore any of the age-appropriate Journeys in any order that you choose. Each amazing book has its own set of awards. You can work with an adult to determine the format for your Journey. You can decide how long you'd like the Journey to last what you'd like the Journey to be about, what type of fieldtrips to take and which experts to add. In this way, each Journey can be as personal, intriguing and educational as you would like.

In addition to the Journeys, there are also badges, which help build skills. These badges, along with essential Girl Scout information, are outlined in the Volunteer Toolkit (VTK). You'll find information on bridging and our highest awards, Girl Scout history; traditions and much more! It also helps girls tie their badges and Journeys together to create an amazing experience!

There are seven National Leadership Journeys:  
It's Your World—Change It!  
It's Your Planet—Love It!  
It's Your Story—Tell It!  
Think Like an Engineer  
Think Like a Programmer  
Think Like a Citizen Scientist

Journeys help you to:  
Develop leadership  
Explore your interests  
Try new things  
Meet people  
Make your world a better place

# Girl Scout Levels & Uniforms



Look and feel your best with uniform options that are in step with today's trends and active lifestyles! Girl Scouts at each level wear one required element (tunic, sash, or vest) to display official pins and awards. Girls can mix and match pieces from the official Girl Scout collection to complete the uniform.

Badges are awards girls earn by completing skill-building activities. There are level-appropriate badges in each Journey book and Girl's Guide to Girl Scouting. Patches are given to Girl Scouts for participating in fun events, activities or other programs. Patches are to be worn on the back of vests or sashes, while badges are worn on the front.

To ensure the best experience for each Girl Scout at all ages, programming is divided by grade levels. The Juliette program is available to all girls in grades kindergarten through 12th grade..

Girl Scout **Daisy** - Grades K-1

Girl Scout **Brownie** - Grades 2-3

Girl Scout **Junior** - Grades 4-5

Girl Scout **Cadette** - Grades 6-8

Girl Scout **Senior** - Grades 9-10

Girl Scout **Ambassador** - Grades 11-12

Limited items are available at our Oahu Council Office store located in downtown, 1164 Bishop Street, Suite 200, Honolulu, HI 96813 M-Th 9 a.m.-4 p.m.

You may purchase all Girl Scout materials through our **on-line shop** ([www.gshawaii.org/en/discover/our-council/Shop-Local.html](http://www.gshawaii.org/en/discover/our-council/Shop-Local.html)).



[www.gshawaii.org](http://www.gshawaii.org)



@girlscoutshi



# Bronze, Silver & Gold Awards

Girl Scouts' Highest Awards provide Girl Scouts with the opportunity to become more involved in local community issues and learn skills to become proactive leaders. Troops or individuals identify problems in the community and incorporate a sustainable change through a Take Action project.

There are three different levels of Girl Scout Highest Awards:

- Girl Scout Bronze Award
- Girl Scout Silver Award
- Girl Scout Gold Award



Girl Scouts can use various topics for a Take Action project, such as:

- Community Development
- Economic Development
- Disaster Recovery & Relief
- Education
- Environment & Energy
- Health & Wellness
- Public Safety
- Youth Development
- Veterans Assistance



See our website for more information about  
[Highest Awards](#)

Questions regarding Highest Awards can be emailed to:  
[customercare@gshawaii.org](mailto:customercare@gshawaii.org)

Call us at 808.595.8400

Be sure to check our [events calendar](#) for highest award preparation and celebration events!

# Bronze, Silver & Gold Awards

The **Girl Scout Bronze Award** is the highest honor a Girl Scout Junior can achieve. As you and your team plan and complete your project, you'll meet new people and have the kind of fun that happens when you work with other Girl Scouts to make a difference.

*You can pursue your Girl Scout Bronze Award if:*

- You're in fourth or fifth grade (or equivalent)
- You're a registered Girl Scout Junior
- You have completed a Junior Journey



Have you ever looked around your neighborhood or school and wondered how you could make a change for the better? Going for the **Girl Scout Silver Award**—the highest award a Girl Scout Cadette can earn—gives you the chance to do big things and make your community better in the process.

*You can pursue your Girl Scout Silver Award if:*

- You're in sixth, seventh, or eighth grade (or equivalent)
- You're a registered Girl Scout Cadette
- You have completed a Cadette Journey

Fulfilling the requirements for the **Girl Scouts Gold Award** starts with the completion of the two Girl Scout Senior or Ambassador Journeys, or having earned the Gold Scout Silver Award and completing one Senior or Ambassador Journey. After the Journey requirements have been fulfilled, girls spend a minimum of 80 hours of work and service towards their Gold Award projects, which includes these steps:

- Identifying an issue
- Investigating it thoroughly
- Inviting others to participate and building a team
- Creating a plan
- Presenting the plan to the Gold Award Committee
- Gathering feedback
- Taking action
- Educating and inspiring others





# Girl Scout Camp

Each year thousands of girls across Hawai'i attend camps at one of our three island camps. Girl Scout camp is a great place for girls to make new friends, try something new and just have fun!

Our camps offer a variety of activities such as STEM, crafts, archery, swimming and so much more that will let girls be themselves. Each camp has its own unique property with cabins, platform tent units, or bunkhouses.

Camp is a safe, welcoming environment open to any girl. You do not have to be in a troop to attend camp. As a Juliette, you have the opportunity to attend Council and Service Unit camps at any of our locations. Check our events calendar at [gshawaii.org](http://gshawaii.org) to register.

For more information about camp and events, please visit explore our [Camps and Outdoor](#) page.





# Girl Scout Camp

## Camp Paumalu North Shore, Oahu



## Camp Kilohana Saddle Road, Hawai'i Island



## Camp Pi'iholo Up Country, Maui





# Product Programs

As a Juliette, you have the opportunity to take advantage of the cookie program.

The Girl Scout Cookie Program is the most well-known program in Girl Scouting, and the largest girl-led business in the world. This program will help you develop skills in leadership in your own life, in business and in the world. You will learn five important skills from the Girl Scout Cookie Program:

**GOAL SETTING** -Set a sales goal and develop a plan to reach that goal.

**DECISION MAKING**- Decide how to spend cookie money with critical thinking and problem solving skills.

**MONEY MANAGEMENT**- Take cookie orders, handle money and develop financial literacy skills.

**PEOPLE SKILLS**- Talk, listen and work with a large range of people while selling cookies. Learn to build relationships and how to implement conflict resolution skills.

**BUSINESS ETHICS**- Be honest and responsible. You can participate in the Girl Scout Cookie Program one of two ways: partner with a troop or sell as an individual. If you choose to participate with a troop, you can also be involved with cookie booths.

If you decide to participate individually, you will need to notify the please contact our cookie team at [cookies@gshawaii.org](mailto:cookies@gshawaii.org) and they will guide you and answer all your cookie questions.



# Travel

## Travel Skills:

Trip Planning  
Money Earning  
Budgeting  
Travel Readiness  
Itinerary Building  
Experience.  
Safety  
Health & Fitness  
Cultural Exchange



## Travel Progression

Daisy: Short local trips  
Brownie: Full day trips  
Brownie: Two-night overnights  
Junior: Extended regional overnights  
Cadette-Ambassador: National and International trips



From taking an outing to a local business to traveling across the world, Girl Scouts offers various opportunities for you to have fun, experience adventure and immerse yourself in the Girl Scout Leadership Experience.

Are you interested in visiting England, India, Mexico or Switzerland? These countries are home to the World Association of Girl Guides and Girl Scouts (WAGGGS) four world centers.

Whether you're touring space camp in Alabama, taking in a Broadway show in New York City or visiting the birthplace of Girl Scouts' founder, Juliette Gordon Low, in Savannah, Georgia you can gain the experience of a lifetime.



Girl Scout Destinations are the ultimate adventure for individual Cadette, Senior, and Ambassador Girl Scouts. Push past your comfort zone by applying for a trip on your own, and make friends from all over the country as you travel with new Girl Scout friends. There's a unique, life-changing experience for everyone.



# Glossary Terms

**Annual Meeting** - The yearly meeting a local Girl Scout council holds to elect its board of directors and conduct other business essential to Girl Scouting in its geographic area.

**Awards** - The umbrella term for U.S. Girl Scout earned grade-level awards, religious and other awards, emblems, and participation patches and pins. Girls wear all insignia, except participation patches and pins, on the front of their Girl Scout uniform.

**Bridging Ceremony** - A ceremony that celebrates the transition from one grade-level in Girl Scouting to the next. National Bridging day is May 11.

**Day camping** - Camping by the day or camping within a 12-hour program day. Girls from different groups sign up as individuals and go through the camping experience in temporary groups (units). The girls and unit staff plan and carry out activities. Day camping is council-sponsored (the camps require council approval to operate), and the council provides the staff, facilities and site.

**Destinations** - Girl Scout activities that fall into one of 5 different categories—international, outdoor, science, people, or getaways. All destinations events provide an opportunity for individual members to broaden their perspectives and give Girl Scouting an enhanced visibility.

**Extended Troop Travel** - A trip lasting more than three nights (may require a health examination as well as a health history, local Girl Scout council approval, and additional insurance coverage).

**Founders Day** - Juliette Low's Birthday, October 31

**Friendship circle** - A circle formed by Girl Scouts standing and clasping hands (before they reach for each other's hands, girls cross their right hand over their left). The circle represents the unbroken chain of friendship among Girl Scouts and Girl Guides all over the world.

**Girl Scout Birthday** - The official birthday of Girl Scouting, March 12, celebrated during Girl Scout Week, marks the first meeting of a Girl Scout troop held in 1912.

**Girl Scout council** - One of Girl Scouts of the USA's local affiliates, with authority over Girl Scouting in a specific section of the country. Or, the council jurisdiction and membership, including all girls and adults the council has registered and its corporate body, nominating committee, and board members, committees and task groups, as well as its employed staff.

**Girl Scout handshake** - A formal way of greeting other Girl Scouts and Girl Guides. You shake hands with the left hand and give the Girl Scout sign with your right hand.

**Girl Scout Law** - Along with the Girl Scout Promise, the Girl Scout Law is the credo of Girl Scouting. A girl lives the 10 parts of the Girl Scout Law to fulfill the Girl Scout Promise.

**Girl Scout Promise** - Along with the Girl Scout Law, is the credo of Girl Scouting; the pledge that binds members together as part of the Girl Scout Movement. A girl must make the Promise to become a Girl Scout member.

**Girl Scout Sabbath/Sunday** - The Saturday in Girl Scout Week. A time for members to be recognized in their place of worship or to recognize the place of worship as a sponsor of a troop/group. Also an appropriate time for religious recognitions to be awarded to Girl Scouts exploring their own faith.

**Girl Scout Sign** - Made by raising three fingers of the right hand. This sign stands for the three parts of the Promise. You give the sign when:

**Girl Scout Trefoil** - "Trefoil" means three leaves. Each leaf in the traditional or contemporary Girl Scout trefoil stands for a part of the Girl Scout Promise.

**Girl Scout Week** - The week containing March 12, the Girl Scout birthday, the anniversary of the first Girl Scout troop meeting in the United States in 1912. This observance is celebrated each year, starting with the Sunday on or preceding the 12th.

**Higher Awards Ceremony** - A ceremony where girls receive awards for their achievements.

**Investiture** - A special ceremony in which a new member makes her Girl Scout Promise and receives her membership pin.

**Juliette Gordon Low** - The founder of the Girl Scout Movement. Also known as Daisy.

**Juliette Low World Friendship Fund** - A Girl Scouts of the USA-operated fund that supports educational programs, service projects, training, and international travel to foster friendship among girls from the 144 countries of the World Association of Girl Guides and Girl Scouts..

**Lifetime membership** - Granted to any person 18 years of age or older or a high school graduate or the equivalent who has paid for lifetime membership dues.

**Rededication Ceremony** - A reaffirmation of a Girl Scout member's belief in the Girl Scout Promise and Law.

**Safety Activity Checkpoints** - Available on the council website provides for the health and safety of all girls.

**Service unit** - A name many local Girl Scout councils give to a specific geographic area and the Girl Scouts within it—all leaders, troops/groups, and girls there. A service unit also includes individuals who give troop support.

**Service unit team** - In many councils, a team of adults that facilitates service to girls through its volunteers in a geographic area. Usually on the team are the service unit director or manager, recruiter, registrar, and cookie chair, as well as grade-level consultants and trainers.

**SWAPS** - Special Whatchamacallits Affectionately Pinned Somewhere

**World Association of Girl Guides and Girl Scouts (WAGGGS)** - An association of Girl Scout and Girl Guide national organizations around the world. WAGGGS serves approximately eight million Girl Scouts and Girl Guides in 144 countries. Our four world centers are located in Mexico, England, India and Switzerland. World Thinking Day - February 22, Girl Guides and Girl Scouts all over the world use the day to think of each other and exchange greetings, learn about other countries and give to the Juliette Low World Friendship Fund.

# Juliette Mentor

A Juliette must: have an adult mentor in order to participate in the Girl Scout program. Volunteers, which includes a background check covered by council must register as adult members and pay the annual \$25 membership fee.

They can be a parent family member or friend who is willing to help support you. Mentors will

- Commit to the Girl Scout Promise and Law
- Support your Juliette.
- Provide funds for special events and activities or request financial assistance from the council.
- Add your role as Juliette Mentor so you have access to the VTK.
- Annually complete the Health History form for both girls and adults.
- If you chose to you participate in the Girl Scout cookie program, mentores will help you by following safety guidelines and helping you check over orders.





# Parent Information

## As a Girl Scout, your girl will:

- Experience a sense of belonging by being a member of the world's largest organization for girls.
- Have fun with a purpose.
- Prepare for her future through career explorations, community service, and skill building.
- Develop leadership skills and self-awareness while building confidence and self-esteem.
- Participate in educationally sound and challenging projects.
- Voice what's important to her.
- Gain an understanding and appreciation of many people and cultures.
- Strengthen her understanding of herself and the world around her through the Girl Scout Promise and Law.



## Your role:

Join your daughter and share in the fun of the Girl Scout Leadership Experience! Your involvement will help shape your Girl Scout Juliette's IRM/IRG experience. She'll see your commitment to her growth and before you know it, you'll be growing, too.







# girl scouts

## Outdoor Progression

Progression allows girls to learn the skills they need to become competent in the outdoors, including how to plan and organize outdoor activities. Acknowledge a girl's mastery of an outdoor skill and invite her to challenge herself further by taking that next step up and out! Outdoor fun can be endless when girls lead.

### Adventure Out

**Plan and take an outdoor trip for several days.**

Learn and practice a new outdoor skill.

Learn a new outdoor cooking skill.

Develop first-aid skills and use safety check points.

Budget, schedule, and make arrangements.

Participate in an environmental service project.

Teach and inspire others about the outdoors.

Imagine new experiences to be had outdoors.

Practice all Leave No Trace principles.

### Camp Out

**Plan and take a 1- to 2-night camping trip.**

Take more responsibility for planning.

Learn and practice a new outdoor skill.

Learn a new outdoor cooking skill.

Plan a food budget, then buy and pack food.

Practice camp-site set up.

Plan an agenda that includes fun activities.

Explore/protect the surrounding environment.

### Sleep Out

**Plan and carry out an overnight in a cabin/backyard.**

Discuss what to pack for the sleep out.

Learn to use and care for camping gear.

Learn and practice new outdoor skills.

Plan a menu with a new cooking skill.

Discuss campsite organization.

Plan time for fun activities.

### Cook Out

**Plan and cook a simple meal outdoors.**

Make a list of gear and food supplies needed.

Learn and practice skills needed to cook a meal.

Review outdoor cooking safety.

Practice hand and dish sanitation.

Create a Kaper Chart for the cookout.

### Explore Out

**Plan and take a short and easy hike.**

Discuss what to take in a day pack.

Dress for the weather.

Plan a healthy snack or lunch.

Learn how to stay safe in the outdoors.

### Move Out

**Plan and take a short walk outside.**

Discuss being prepared for the weather.

Do activities to explore nature.

Plan and carry out an indoor sleepover.

### Meet Out

**Step outside to look, listen, feel, and smell.**

Share what was observed.

Learn more about what was discovered.

### Look Out

**Share past experiences in the outdoors.**

Talk about favorite outdoor places and why they're special.

Wonder what else can be seen in the outdoors.

### LEAVE NO TRACE PRINCIPLES:

Plan Ahead & Prepare

Leave What You Find

Respect Wildlife

Minimize Campfire Impacts

Travel & Camp on Durable Surfaces

Dispose of Waste Properly

Be Considerate of Other Visitors



# MY *JULIETTE* JOURNAL

**This journal belongs to:** \_\_\_\_\_

**My Girl Scout contact name and number:**

\_\_\_\_\_  
\_\_\_\_\_

**Ideas and Interests I want to explore as a Juliette:**

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

**What I hope to discover as a Juliette:**

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

**Ways I want to connect with my community:**

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

**How I hope to make the world a better place:**

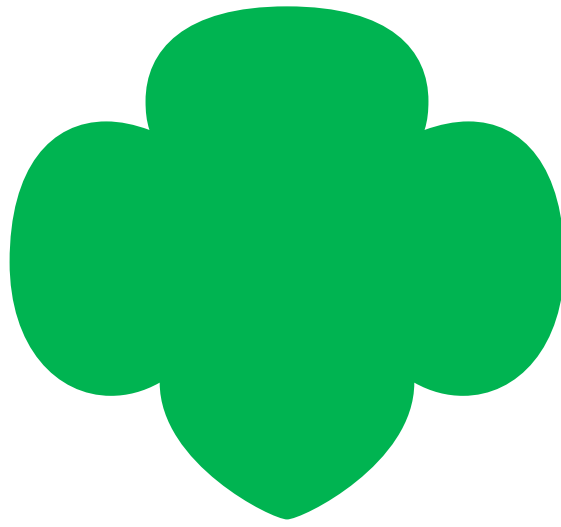
1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

## My Juliette Story









Girl Scouts Your Way!

## WE ARE A NETWORK

Girl Scouts of the USA is national organization supporting local councils in a federated model. Girl Scouts of Hawai'i is an independent 501(c)(3) nonprofit that independently fundraises to manage the operations of programs, camps and other council-led activities state-wide. Within Girl Scouts of Hawai'i are County Wide Service Units – entities governed by our council policies, but managed by volunteers who support the day-to-day operations of our troops. Troops are groups of girls led by an adult volunteer who has been background checked by the council.

### Council Addresses

#### Main Office

1164 Bishop Street, Suite 200,  
Honolulu, HI 96813  
TEL: 808.595.8400  
FAX: 808.691.9340  
customer@gschawaii.org  
gschawaii.org

#### Camps

Camp Paumalū (Oahu)  
Camp Kilohana (Hawai'i  
Island)  
Camp Piipiholo (Maui)

### Girl Scout Service Centers:

#### Hawai'i Island

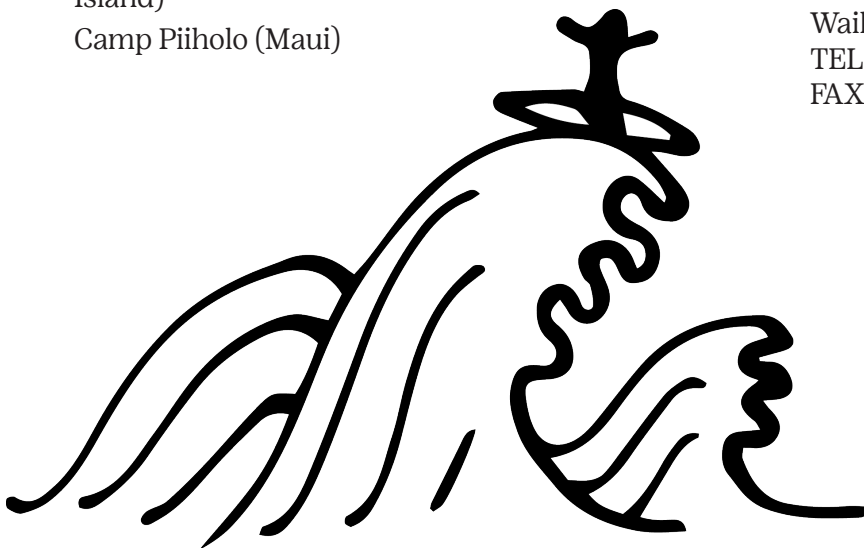
Mailing address: PO Box 384877  
Waikoloa, Hawaii 96738  
TEL: 808.966.9376

#### Kauai

4272-B Rice Street Suite 1  
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#### Maui

200 B Liholiho Street  
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of hawai'i



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[www.gschawaii.org](http://www.gschawaii.org)