



ADULT HEALTH HISTORY RECORD

Adult Health History (page 1 of 3) Name

Date Submitted

All adults participating in Extended Overnight Trips of four (4) nights or more (on-island or off-island) are required to complete and submit an Adult Health History Record for each event.

Information included on this form is confidential and should only be shared with persons who have a need to know in order to protect the health and safety of the participant and other participants.

I do not wish to disclose personal medical information and choose not to complete this form. By making this choice, I understand that if I am in need medical assistance, the information requested of me by completing this form will not be provided to the health care giver and thus may result in less than optimal treatment. My acknowledgment below indicates that I read and fully understand this statement.

Acknowledgement of Non-Consenting Adult	Date

PART I: Adult Participant Information

Section A: Participating Adult Information

Name			
Full Address City/ST/Zip			
Date of Birth (mm/dd/yyyy)	Age		
Main Phone	Alternate Phone		
Email			

Section B: Troop/Service Unit Information

Troop Number/Name		Service Unit #/ Name	
Volunteer Position if applicable			
Are you a currently registered Girl Scout Member?	Yes	No	Contact me to join!

PART II : Emergency Contacts/Physician/Insurance Info

Section A: Emergency Contact(s) - in the event of an emergency please contact the following:

Primary Contact Name		Relationship	
Main Phone		Alternate Phone	
Secondary Contact Name		Relationship	
Main Phone		Alternate Phone	

Section B: Primary Physician/Insurance

Primary Physician Name		Main Office Number	
Pager Number		Alternate Phone	
Preferred Hospital		Hospital Office Number	
Medical Insurance Co		Policy #	
Insurance Co. Phone		If you are not a Military Dependent proceed to Part III	

If you are a Military Dependent provide the following information:

Sponsor's Name		Sponsor's SSN last 4 #s	
Duty Station		Duty Phone	

PART III: Health History

Section A: Chronic or Recurring Illnesses / Check all that apply

<input type="checkbox"/>	Angina	<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	Asthma
<input type="checkbox"/>	Bleeding/clotting disorders	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	Heart defect/disease
<input type="checkbox"/>	Hypertension	<input type="checkbox"/>	Musculoskeletal disorders	<input type="checkbox"/>	Seizures
<input type="checkbox"/>	Other 1:	<input type="checkbox"/>	Other 2:	<input type="checkbox"/>	Other 3:

Additional Notes:

Section B: Allergies / Check all that apply and provide the specific nature and treatment of the allergy

<input type="checkbox"/>	Animals	
<input type="checkbox"/>	Food	
<input type="checkbox"/>	Hay Fever	
<input type="checkbox"/>	Insect Stings / specify & explain	
<input type="checkbox"/>	Medication/Drugs	
<input type="checkbox"/>	Plants	
<input type="checkbox"/>	Pollen	
<input type="checkbox"/>	Other	

Additional Notes

Section C: Diseases / Check all that you have had

<input type="checkbox"/>	Chicken Pox	<input type="checkbox"/>	German Measles	<input type="checkbox"/>	Kidney
<input type="checkbox"/>	Measles	<input type="checkbox"/>	Mumps	<input type="checkbox"/>	Heart defect/disease
<input type="checkbox"/>	Rheumatic Fever	<input type="checkbox"/>	Tuberculosis	<input type="checkbox"/>	Other:

Additional Notes

Section D: Other Health Conditions / Please check all that apply and provide specifics/explanations below:

<input type="checkbox"/>	Eyesight -Wear Contact Lenses	<input type="checkbox"/>	Eyesight -Glasses	<input type="checkbox"/>	Fainting
<input type="checkbox"/>	Hearing Impairment	<input type="checkbox"/>	Motion Sickness	<input type="checkbox"/>	Nosebleeds
<input type="checkbox"/>	Sleep Disturbances	<input type="checkbox"/>	Special Dietary Regime	<input type="checkbox"/>	Other

Section E: Other Health Conditions / Check any retrictions that apply and describe (leave blank if none apply)

<input type="checkbox"/>	Physical activities	
<input type="checkbox"/>	Medical/Emotional/Spiritual	

Section F: Immunizations (Indicate "as child" if you do not have a record of dates/leave blank if none apply)

<input type="checkbox"/> I have not received any immunizations					
Immunization	Primary Series	Last Booster	Immunization	Primary Series	Last Booster
COVID 19			Oral Polio		
DTP			Rubella		
Diphtheria			Td		
Measles			Tuberculin Test	most recent	result
Mumps			Other:		
Pertussis			Other:		

PART IV: Last Health Examination and Restictions

Date of last exam:		Complications noted?	Yes	No
Explain any complications				
Check any treatment or retrictions that apply and describe (leave blank if none apply)				
<input type="checkbox"/>	Currently under care of a physician or psychologist			
Explain treatment				
<input type="checkbox"/>	Had an illness lasting more than five days			
Provide Details				
<input type="checkbox"/>	Had surgical operation or fracture?			
Provide Details				
<input type="checkbox"/>	A serious injury requiring medical attention?			
Provide Details				
<input type="checkbox"/>	Received treatment at a hospital?			
Provide Details				

PART V: Medications

Please list all daily and as needed medications that you will be bringing on the trip. Include amounts taken, number of daily doses and routine administration times.

Name of Medication	Dosage	Times Administered/Day	Time(s) Taken	Comment
I may receive a Tetanus shot, if necessary	Yes	No	Last Tetanus shot date	
I may receive a COVID-19 test, if necessary	Yes	No		

PART VI: Authorization of Consent for Emergency Treatment

By entering my name below and submitting this document, I authorize the designated nurse and or first aid certified person for this trip/activity or in their absence or disability, any adult accompanying or assisting this trip/activity to seek emergency medical treatment, if necessary from a licensed physician.

Acknowledgment Consenting Adult	Date