

Five steps of the My Promise, My Faith award

Please prepare the first three steps below before you come to the class. The rest of the requirements will be completed as part of the event. Prepare for a girl-led experience!

1. Choose a line from the Girl Scout Law: Select or create a story, poem or song from your faith to share that goes along with the line of the Girl Scout Law you picked.

2. Interview: Find a woman in your faith community and interview her or you can research a historical figure. You can do this in person, over the phone, Skype, etc. Everyone will be sharing their interviews. Feel free to be as creative as you would like. If you want to use a phone and record, we can play it at the event.

Interview ideas:

- Share with your person the line of the Girl Scout Law that you chose. Ask her how she uses that line of the Girl Scout Law in her life. (Required)
- What does her faith mean to her?
- How does she incorporate her faith in her everyday life?
- What are some things she has learned (about herself, God, etc.) by connecting to her faith?
- Any other questions you are interested in asking.

Picture: (optional)

- Option 1 – Historical person – Photo from book or Internet.
- Option 2 – Bring a picture of her with you to the event. (It can be a screenshot on another digital device.)

3. Keepsake: Make something to remind you of what you learned. Gather your materials to assemble during the event. This does not have to be completed before the My Promise, My Faith event.

Keepsake Ideas:

- Poster, drawing, painting, etc.
- Journal, scrapbook, collage, etc.
- Inspirational quotes by women, verses/words from religious instructions, etc.

Girl Scout Promise

On my honor, I will try:
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.
Girl Scout Promise Girl Scout Law

**When making the Girl Scout Promise, individual members may substitute wording appropriate to their own spiritual beliefs for the word "God."*

Extra

If you have some favorite inspirational quotes from women in your faith, please bring and share!





Discover

Find out who you are, what you care about and what your talents are.

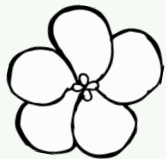
Connect

Collaborate with other people, locally and globally, to make a difference in the world



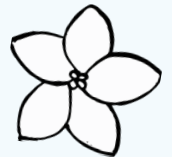
Take Action

Do something to make the world a better place.



What's one way you can use what you've learned today?

Notes



Keep the connection strong

Does your faith community offer a recognition program?

Talk with your friends, family or a group in your faith community about what you've learned about your faith and Girl Scouting. Ask them to help you live the Law and your faith. Maybe you can share your song, poem or story!

Adult volunteers from faith organizations partner with girls by:

- Linking the national pin to their faith's religious recognitions
- Guiding girls through their personal faith journal
- Helping girls strengthen their understanding of their faith

PRAY 

Go to www.praypub.org/partner_gsusa.htm to find out more religious recognitions offered by different faith communities.